



## HHF News February 2008

Visit our Blog! <http://heatandflavor.blogspot.com/>

I know the suspense is killing you which Ginger Snap is the snappiest, holds up best with warm milk, and comes in the most convenient packaging? Visit our blog for the latest on the Great Ginger Snap taste test.

### Tastings & Events

**Primo Peppercorns** ~~ Most of us are very familiar with the traditional black peppercorn. But, there's a whole wide world of peppercorns with different flavors and textures to be explored from the more well-known pink, green and white peppercorns, to the lesser known spicy Szechuan and Australian Mountain peppercorns to Long Pepper from Bali and flavorful Grains of Paradise. We'll be sampling peppercorns used in different food preparations and share some secrets on how each enhances flavors differently.

- **Sunday, February 24, 2008 ~ 5:00 p.m.** ~~ Heather's at Legacy Village in Lyndhurst (216-291-3450). Call the store to reserve a spot. These tastings fill up quickly, and nobody goes home hungry!. Cost: \$10 per person.

**Mediterranean Delights** ~~ Taste the exotic flavors of the Mediterranean, visiting Greece, Turkey and Northern Africa in one evening! This tasting will truly be an adventure for the palette. We'll sample several of our more unusual spice blends from Greek Seasoning and Ethiopian Berbere to Ras al Hanout and Zaa'Tar.

- **Sunday, March 9, 2008 ~ 5:00 p.m.** ~~ Heather's at Legacy Village in Lyndhurst (216-291-3450). Cost: \$10 per person.
- **Sunday, March 16, 2008 ~ 5:00 p.m.** ~~ Heather's at First & Main in Hudson (330-653-5131). Cost: \$10 per person.

**Knife Sharpening on Hiatus** ~~ Our expert knife sharpener and instructor, Steve Bottorff, is on vacation and will be back in the spring. In the meantime, take good care of your knives and keep those already sharp blades in great slicing condition by drawing them lightly against a sharpening steel a few times on each side before each use.

### New Item

**Hot D Wake Up Juice (Bloody Mary + Energy)** ~~ This unique premium Bloody Mary mix is the perfect cure for the Sunday morning I think I stayed out too late last night blahs. Who needs coffee, when your boost of caffeine is already in the Bloody Mary mix? This thick blend will prop up a stick of celery and you, too! No preservatives.

Visit our store online [www.heatandflavor.com](http://www.heatandflavor.com). If you have any trouble with the Web site, please let us know (e-mail [service@heatandflavor.com](mailto:service@heatandflavor.com) or call one of our stores). Buy logo shirts and other fun stuff at: [www.cafepress.com/heatandflavor](http://www.cafepress.com/heatandflavor).

Enjoy the Seasonings of the Season!

Heather Marks