

## HHF News – January 2007

Happy 2007! We're starting the year with some fun events and new items.

### News and Events

**Sunday, February 18, 2007, 5-7 p.m.**

#### **Sea Salt Tasting, Heather's Heat and Flavor at Legacy Village**

Sea salts are hot right now, and not just because they are so versatile for cooking. A delicate or unusual salt is a beautiful way to finish a dish and helps make your guests feel special. You may have always wanted to try a special sea salt, but weren't quite sure what to do with them. Heather will host a tasting of 10 different sea salts from all over the world, alone and on tasty treats. She'll share tips for how to use them in cooking and to finish a dish. Don't miss this special event! **Please call the store to reserve a spot (216-291-3450) so we can plan how many samples to prepare.**

**Visit our store online.** When the weather gets cold and you need something to spice up your tastebuds, there's no need to battle the traffic and weather. Just pop into our online store and order up a yummy salsa, wing sauce, chili spice blend... Place your order at [www.heatandflavor.com](http://www.heatandflavor.com) . If you have any trouble with the Web site, please let us know (e-mail [service@heatandflavor.com](mailto:service@heatandflavor.com) or call one of our stores).

### New and Featured Products

**Starship Sauces have out of this world goodness!** Direct from the Starship Restaurant in Forest Park, IL, these sauces are wonderful additions to your kitchen. Sauté the rich & flavorful **Starship Paprika Sauce** with chicken and serve over mashed potatoes or egg noodles for a delicious entrée. Pour their thick **Starship Cajun Sauce** over rice with your favorite meats or seafood for jambalaya. Heather loves this sauce to top macaroni and cheese. The rich & savory **Starship Gumbo Sauce** saves you time to make a quick gumbo -- just add meat, chicken or seafood and serve over rice. Recently, Brian made a savory pork roast, which he marinated overnight in the **Starship Caribbean Jerk Marinade** . Yummy!

**Nielsen-Massey Pure Extracts** - We have many hard-to-find extract flavors: Orange, Lemon, Chocolate, Almond, Coffee, Vanilla. Extracts are for more than just baking. Try using them in meat dishes, blended with herbs and spices, or added to beverages, vegetables, cakes, cookies and bars, gelatin and frozen desserts, jams and jellies, fillings and frostings, pies and pastries -- the possibilities are endless!

**Stickletti pretzels** - Many customers have asked if we would sell the pretzels we use to sample our dips. Now we've found a wonderful pretzel from Budapest, Hungary. They're a little longer than your average pretzel stick, so you can get all the way to the bottom of the honey mustard jar (you know you do it, too!).

**Loose Leaf Teas** - Check out our selection of more than 15 Black, Green, White, Oolong, Pu-Er and Herbal teas.

**Mia Bella's Candles** (at our Legacy Village store only) - Unique scents are sure to brighten up a room. Chili Vanilli, Hot Apple Pie, Sweet Orange & Chili Pepper, Green Tea... and more!

**Sili Gourmet** - We've brought in some fun new products featuring sturdy, colorful silicone: Silicone & Stainless Tea and Herb infusers, Oil Jar and Brush, and a really cool Baster/Injector set with a cleaning brush.

Buy logo shirts and other fun stuff at [www.cafepress.com/heatandflavor](http://www.cafepress.com/heatandflavor)

Yours in adventure,

*Heather Marks*

CEO, Heather's Heat and Flavor

[www.heatandflavor.com](http://www.heatandflavor.com)

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